# 亀岡中学校弁当　アレルゲン一覧表

2026年3月献立分

| | 特定原材料8品目 | | | | | | | | 準ずる20品目 | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 小麦 | 卵 | 乳製品 | エビ | カニ | そば | くるみ | 落花生 | あわび | いか | イクラ | ｵﾚﾝｼﾞ | キウイ | 牛肉 | 豚肉 | 鶏肉 | バナナ | 鮭 | 鯖 | 大豆 | 桃 | 山芋 | りんご | ｾﾞﾗﾁﾝ | ごま | ｶｼｭｰﾅｯﾂ | ｱｰﾓﾝﾄﾞ | ﾏｶﾀﾞﾐｱﾅｯﾂ |
| 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | ○ | | ○ | | | | | | | | | | | ○ | ○ | ○ | | | ○ | ○ | | | | | ○ | | | | |
| 3 | ○ | ○ | | | | | | | | ○ | | | | | | | | | ○ | ○ | | | | | | | | | |
| 4 | ○ | ○ | ○ | | | | | | | | | | | ○ | ○ | ○ | | | | ○ | | | ○ | | ○ | | | | |
| 5 | ○ | ○ | | | | | | ○ | | | | | | | ○ | | | | ○ | ○ | | | | | ○ | | | | |
| 6 | ○ | ○ | | | | | | | | ○ | | | | | ○ | ○ | | | ○ | ○ | | | ○ | | ○ | | | | |
| 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | ○ | ○ | ○ | | | | | | | | | | | | ○ | ○ | | | ○ | ○ | | | ○ | | ○ | | | | |
| 10 | ○ | | ○ | | | | | | | | | | | | ○ | ○ | | | ○ | ○ | | | | | ○ | | | | |
| 11 | ○ | ○ | ○ | | | | | | | | | | | | ○ | ○ | | | ○ | ○ | | | | | ○ | | | | |
| 12 | ○ | ○ | ○ | | | | | | | | | | | ○ | ○ | ○ | | | | ○ | | | ○ | | ○ | | | | |
| 13 | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | ○ | | | ○ | | ○ | | | | |
| 14 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | ○ | ○ | | ○ | | | | | | ○ | | | | | | ○ | | | ○ | ○ | | | ○ | | ○ | | | | |
| 17 | ○ | ○ | ○ | | | | | | | | | | | | ○ | ○ | | | ○ | ○ | | | | ○ | ○ | | | | |
| 18 | ○ | ○ | ○ | ○ | | | | | | | | | | | ○ | ○ | | | ○ | ○ | | | ○ | | | | | | |
| 19 | ○ | ○ | ○ | ○ | | | | | | | | | | ○ | ○ | ○ | | | ○ | ○ | | | | | ○ | | | | |
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| 22 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 23 | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | ○ | ○ | | | | | | | | | |
| 24 | ○ | ○ | ○ | | | | | | | | | | | | ○ | | | | ○ | ○ | | | ○ | | ○ | | | | |
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